



DUO CARDIO

perch balancing

“Duo Cardio, an acrobatic duet from Mexico by way of France and Uruguay presents an incredible perch balancing act. Solene climbs three stories up a pole (yes, stories) balanced on Rodrigo’s forehead, and manipulates a hat with her feet while in a handstand at the top. If that’s hard to imagine, I understand – it’s hard to believe in person, too.”

(eJuggle. / International Jugglers Association)

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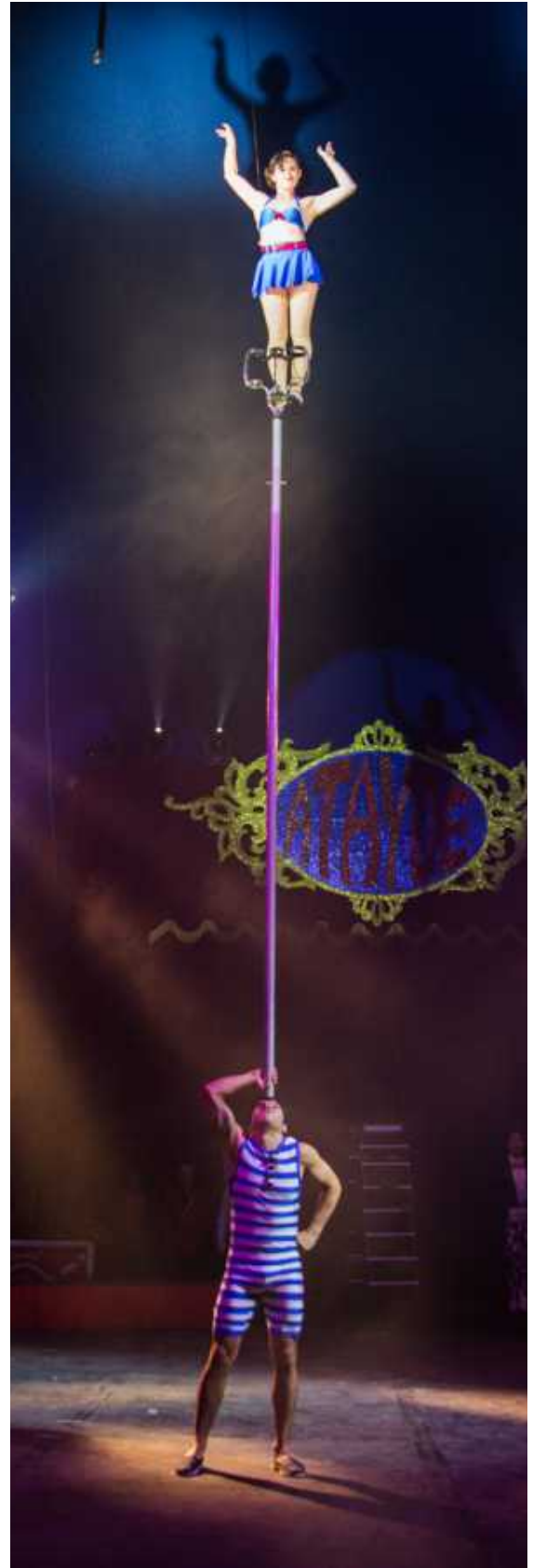
Duo cardio, currently based in France, started in Mexico in 2010. When Solène and Rodrigo decided not only to start working together but also to get married!

This circus-love story that they live together has taken them to circuses, contemporary companies, theatres, festivals and special events...

They started performing chinese poles and hand to hand, but perch balancing was their true passion from the beginning. So they kept working hard to achieve this dream.

In July 2013, in the opening gala of Circuba International Festival, in La Habana, they presented a perch act for the very first time. Since then, they have presented it in over a dozen of different countries.

Though they are now specialized in perches, they maintain their characteristic versatility. Their act has versions in two different heights (10m and 6m) so it can adapt well both in circuses as in theatres and other places. For Solène and Rodrigo having their own style is not in conflict with developing comfortably with different aesthetics.





Born in France, she has a Bachelor's degree in Scenic Arts from Paul Valéry University at Montpellier.

Besides her love for the circus scene, that she knows how to enjoy both as an artist and as a spectator, Solène has a deep sensibility for plastic arts.

Her heart is divided between France and Mexico, and she feels complete when she stands on top of the perch pole, there... she is closer to the sky.

Solène

He was born in Mexico City and raised in Montevideo. He is a founding fellow of the cultural centre "Circodromo", in Buenos Aires. And he coordinates Dokucirco (the mexican centre of circus documentation).

Rodrigo

During 2012 he was a fellowship holder of the mexican national found for arts and culture, in the program for circus arts development (FONCA).

Rodrigo is a passionate for life, circus, and Solène!





References

37th Festival Mondial de Cirque de Demain
Coup de coeur du festival & Bretagne circus trophy
(Paris, France)

Budapest Circus Festival 2018
(Budapest, Hungary)

12º Circuba International Circus Festival
(La Habana, Cuba)

GOP
(Bad Oeynhausen, Germany)

Gans Ganz Anders – dinnershow by Krystallpalast
(Leipzig, Germany)

La Fiesta Escénica
(Spain)

Circo Atayde Hnos.
(Mexico)

Fringe World Festival
(Perth, Australia)

Les Nuits du Cirque
(Villers-la-Ville, Belgium)

Cirq à Roma
(Antwerpen, Belgium)

TV shows in Mexico, USA, Italy, France

Corporate galas (KLM, Mercedes Benz, Renault,
INFRA, GS1/Barcode, Mapfre)

Street shows (Uruguay, Spain, Argentina)

Original music: François Morel
Original costumes: Solène Albores
Technical coach: Vladimir Lissosvki

Length: 6'34" (this length is for a big-top performance, that requires the assistance of *stage hands* to get the props in and out of the stage during the performance. In other conditions, like a street performance, or without *stage hands* it can go up to 10').

Lights: Lights will be arranged during the rehearsal. Note that a strobe light is needed for the performance.

Specifics

If the venue is in Europe, the artists can travel in their own car.

If travelling by plane, extra luggage must be considered:

When performing the 10 mts height version, the artists will travel with 2 oversized pieces of luggage (2 mts long/30 kg each) plus 3 x 30kg pieces of luggage. A total of 150 kg divided in 5 pieces of luggage. The equipment will be less if performing a lower version of the act.

The artists prefer travelling with Sky Team group.

Set up + rigging: 2h

Warm up (pre-rehearsing): 30 min

Rehearsing + lights/sound check: 1h

Make up + warm up: 1h 30min

Disassembling: 1h

Stage min: 4m x 4m

Height min: 10m to the rigging point
/ Low version: 6m to the rigging point



A rigging point is needed to install the safety longe. If the venue is in the open air (or doesn't have a rigging point) this can be solved with a truss, a crane, or even a big tree!

During each performance of the perch balancing act, the assistance of a trustworthy rigger is needed (to take care of the safety longe).

This assistance will be provided by the venue unless agreed differently.

Contact

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CV

DUO CARDIO

perch balancing & hand to hand

www.duocardio.com

[February 2018]

Foundation: 2010

Members:

- **Solène Albores** (France, 1985)
 - Previous experience:
 - 2007 / 2010 – member of the circus company El Circo del Vicio/Otro Circo (Mexico)
 - Formation:
 - **2006 - Bachelor's degree in Scenic Arts from Paul Valéry University** (Montpellier, France).
 - 2007 / 2009 - Circus arts workshops. Otro Circo (Mexico City, Mex)
 - 2006 / 2007 – Aerial acrobatics workshops. Jorge Reza (Mexico City, Mex)
 - 2006 – Internship. École de Cirque Balthazar (Montpellier, France)
 - 2004 – Trapeze workshop. Circo Sentido (Mexico City, Mex)
- **Rodrigo Hernández** (Mexico, 1984)
 - Previous experience:
 - 2008 – member of the circus company El Circo del Vicio/Otro Circo (Mexico City, Mex)



- 2009 / 2010 – member of the circus company Migrantes Circo (Buenos Aires, Argentina)
- Formation:
 - 2009 – Circus arts workshops. Escuela de Circo La Arena (Buenos Aires, Argentina)
 - 2008 - Circus arts workshops. Escuela de Circo Criollo (Buenos Aires, Argentina)
 - 2007 / 2008 - Circus arts workshops. Otro Circo (Mexico City, Mex)
 - 2006 / 2007 – Aerial acrobatics workshop. Jorge Reza (Mexico City, Mex)
- Other professional experience:
 - 2015 / 2017 - Coordinator of the Mexican Centre of Circus Documentation “Dokucirco” (Mexico City, Mex)
 - 2014 – Coordinator of artistic programming at Cirko De Mente (Mexico City, Mex)
 - 2009 / 2017 - Founding fellow of the Circus School “Circodromo” (Buenos Aires, Argentina)

Duo Formation:

- 2014 – Perch balancing. Anatoli Lokachtchouk (Mexico City, Mex)
- 2011 / 2013 – Perch balancing and hand to hand intensive course. Vladimir Lissovsky (Mexico City, Mex)
- 2010 / 2011 – Hand to hand. Pablo Rutkus (Buenos Aires, Argentina)
- 2010 – Hand to hand. Mariano Pujal (Buenos Aires, Argentina)

Competitive Festivals:

- **Budapest Circus Festival** -2018- Budapest, Hungary
- **Festival Mondial Du Cirque De Demain** -2016- Paris, France. Bretagne Circus Trophy and “Coup de coeur” du Festival
- **Mesoamerican University Circus Festival** -2014- Puebla, Mexico. Silver Prize
- **Circuba International Circus Festival** -2013- La Habana, Cuba.
- **Ditirambo / San Simón** – 2011 – Mexico City, Mexico. Second place

Festivals:

- **Fringe World Festival** -2018- *Perth, Australia*
- **Western Australian Circus Festival** –2018- *Karridale, Australia*
- **Encuentro hidalguense para la danza y las artes escénicas contemporáneas** – 2017 – *Mexico City*
- **Les Nuits Du Cirque** -2016- *Villers-la-ville, Belgium*
- **Festa da Arribada** -2016- *Baiona, Spain*
- **Periplo Festival** -2015- *Guadalajara, Mex*
- **Luces del Carnaval** -2014- *Huejotzingo, Mex*

- **Dia de Muertos** -2013- *San Juan del Rio, Mex*
- **Tamaulipas International Festival** -2013- *Tampico/Mante/Cd. Victoria/Matamoros, Mex*
- **Hector Azar International Theater Festival / FITHA** -2013, 2012- *Puebla, Mex*
- **Siguiente Escena International Festival** -2013, 2012- *Queretaro, Mex*
- **National University Festival "En contacto contigo"** -2012- *Mexico City*
- **Linares International Circus Festival** -2012- *Linares, Mex*
- **Zacatecas Street Theater International Festival** -2012- *Zacatecas, Mex*
- **Ozomatli International Circus Festival** – 2011 – *Mexico City*
- **Cervantino / Cleta International Festival** – 2011 – *Guanajuato, Mex*



Dinner-shows:

- **Gans Ganz Anders** (by Krystallpalast) – Nov/Dec 2017- *Leipzig, Germany*
- **Cirq'A Roma**. Bert and Fred + Laika. –Nov 2016- *Antwerpen, Belgium*

Circus Seasons:

- **Cinderella**. La Fiesta Escénica - Sept 2016 - *Gran Canaria, Spain*
- **Circo de Nadal**. La Fiesta Escénica. –Dec 2015/Jan 2016- *Galicia, Spain*
- **Luxuria**. La Fiesta Escénica. –Jul/Aug 2015- *Sanxenxo, Spain*
- **Circo Johnny Lam Spectacular**. -May 2015- *Pachuca, Mex*
- **Circo Atayde Hnos**. –April/May 2015, Dec2014/Jan2015, Oct 2014- *Carpa Astros. Mexico City*
- **Cirko De Mente** -2013, 2012- *Mexico City*

- **Circo Atayde Hnos.** (chinese poles) –Jan 2010 – *Arena Mexico. Mexico City*

Theatre Seasons:

- **GOP - Simply the Best.** – Jul/Sept 2017 – *Kaiserpalais, Bad Oeynhausen, Germany.*
- **Luxuria.** La Fiesta Escénica. –Oct 2015- *Mar de Vigo Auditorium, Vigo, Spain*
- **Atayde en Escena.** Circo Atayde Hnos. –March 2015- *BUAP Auditorium Puebla, Mex*
- **Arizona.** Cirko De Mente. –Feb/April 2014- *Helenic Theater, Mexico City*
- **Nao.** Cirko De Mente. –Dec2013/Jan2014- *Puebla's Expo Center, Puebla, Mex*
- **Il Circo.** Il Circo. – Dec 2012 – *Forum Mundo Imperial, Acapulco, Mex.*
- **Hey Pachuco.** La Trupé. – July 2011 – *Foro Contigo América, Mexico City.*
- **100% Duo Cardio.** – Aug 2010 – *La Taza de los Sueños Cultural Forum, Mexico City.*

Street Seasons:

- **Platerías Square** -Aug 2016- *Santiago de Compostela, Spain*
- **Historic Quartier** – Dec 2010/Jan 2011 – *Colonia del Sacramento, Uruguay*

Public Galas:

- **Fiesta de la Virgen Grande** - 2016- Circo Quimera. Raúl Alegría. *Torrelavega, Spain*
- **Fiesta Peregrina** -2016- Mundo submarino. La Fiesta Escénica. *Pontevedra, Spain*
- **Expo Vintage** -2015- *Campo Marte, Mexico City*
- **Biografía pintada de un circo.** Transito 5. -2014- *National Centre for the Arts, Mexico City*
- **La Familia Rosso.** Cirko De Mente. -2014- *Gota de Plata Auditorium, Pachuca, Mex*
- **Cirko De Mente** (Children's day) – 2014- *Parque Tezontle, Mexico City*
- **La Familia Rosso.** Cirko De Mente. -2013- *Centro Cultural del Bosque, Mexico City*
- **Cirko De Mente.** – 2012- *Mundo E, Tlalnepantla, Mex*



- **Balkan Fest** –2012- *Plaza Condesa Concert Hall, Mexico City*
- **Transatlancirque.** – 2011, 2012- *Fête des Arts du Lycée Franco Mexicain. Mexico City*
- **DIF Children's Day.** – 2011- *Palenque de Papantla, Veracruz, Mex*
- **México Vive, Vive México.** – 2011- *Fashion Show by Armando Mafud. Palace of Fine Arts, Mexico City.*

Corporate Galas:

- **GI/Brudifarma** – 2017- *Floor 51 Torre Mayor, Mexico City*
- **Mercedes Benz Truck Racing** - 2015- *Paradisus Hotel, Playa del Carmen, Mex*
- **INFRA Anual Gala** -2014- *INFRA facilities, Tultitlán, Mex*
- **Blue Tie Gala** -2014- *National Auditorium's Lunario, Mexico City*
- **Mexican-German chamber of commerce Anual Gala** -2013- *St Regis Hotel, MexicoCity*
- **GS1 / Barcode 60 Aniversary Gala** -2012- *Mexico City*
- **KLM Anual Gala** –2012- *Franz Mayer Museum, Mexico City*
- **Maprfe Insurance Anual Gala** – 2012- *Camino Real Hotel, Mexico City*
- **Renault Duster launching** – 2012- *Expo Bancomer, Mexico City*

Private Galas:

- **Calacoaya Ranch** -2014- *Atizapan, Mex*
- **The Westin Hotel** -2014- *Mexico City*
- **Mount Sinai College** – 2014 – *Mexico City*
- **Sierra Esmeralda Go-Karting track** – 2014- *Jilotzingo, Mex*
- **Mexico City Grand Hotel** -2012- *Mexico City*

TV shows:

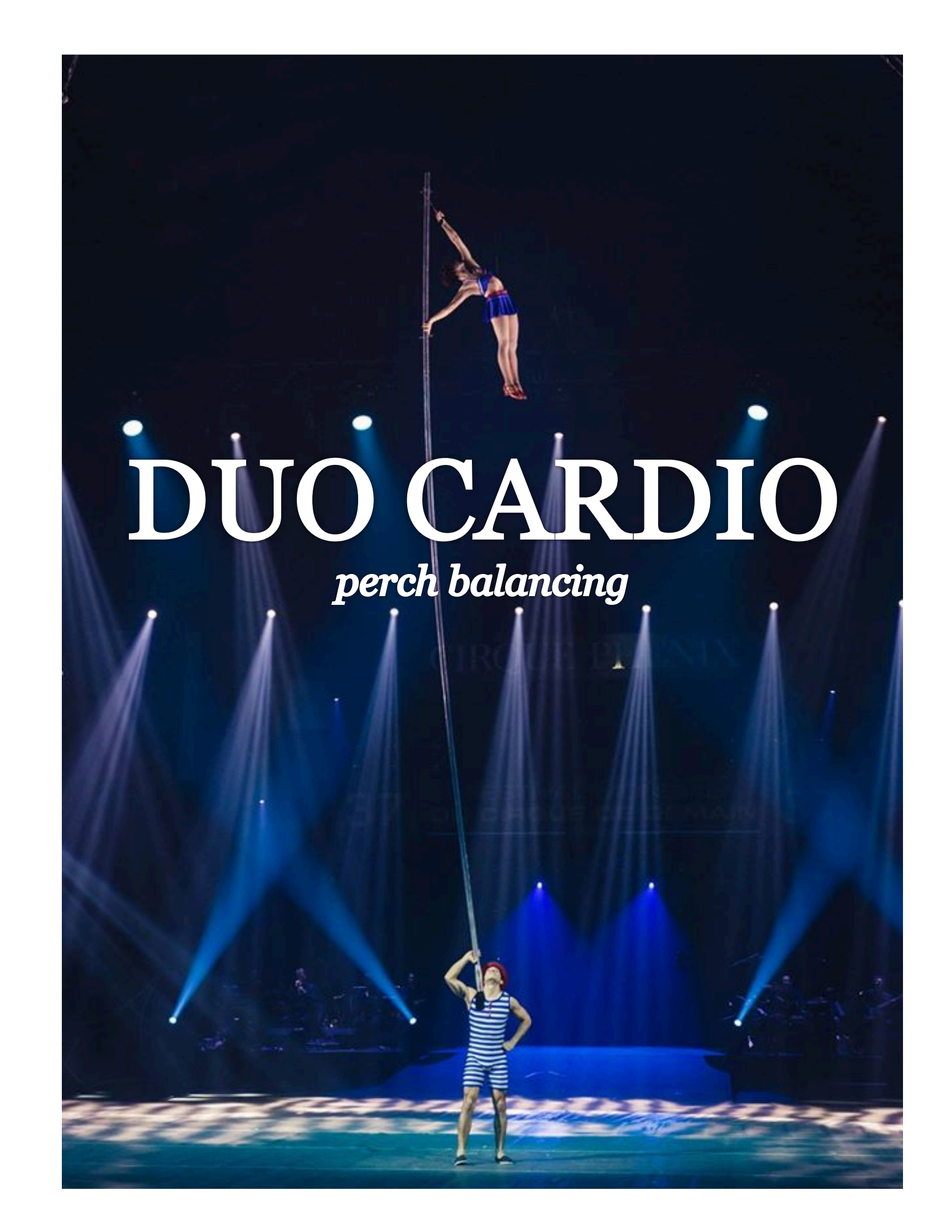
- **Tú sí que vales / Italia** – 2016- *Rome, Italy*
- **La France a un incroyable talent** – 2016- *Paris, France*
- **Tengo talento / Estrella TV** – 2014- *Los Angeles, USA*
- **Exa TV / MVS** – 2012- *Mexico City*



Workshops (given):

- Hand to hand – Jan 2018 – Training week of the Western Australian Circus Festival. *Karridale, Australia*
- Chinese pole – Jan 2018 – Training week of the Western Australian Circus Festival. *Karridale, Australia*
- Hand to hand – May 2017- State sports training centre CETE. *Porto Alegre, Brasil*
- Perch balancing – April 2017 – Circodromo. *Buenos Aires, Argentina*
- Hand to hand – Feb 2017 – Circodromo. *Buenos Aires, Argentina*
- Acroport – March 2017 – Fête des Arts du Lycée Franco Mexicain. *Mexico City*
- Hand to hand - June 2015- Periplo Festival and Circus Convention (Foro Larva). *Guadalajara, Mex*
- Fitness - June 2015- Periplo Festival and Circus Convention (Foro Larva). *Guadalajara, Mex*
- Heavy objects balancing - June 2015- Periplo Festival and Circus Convention (Foro Larva). *Guadalajara, Mex*
- Acroport – March 2015 – Fête des Arts du Lycée Franco Mexicain. *Mexico City*
- Hand to hand, Perch balancing and Acroport – April/May 2014- Intensive training for Tránsito 5 circus company's members. CASU. *Mexico City*
- Chinese Pole - March 2014 – Fête des Arts du Lycée Franco Mexicain. *Mexico City*
- Acroport – March 2013- Hotel Barceló Premium. *Riviera Maya, Mex*
- Circus Arts – 2012- University course for first and second semesters of the Theatre Degree program CLETA-UNAM. *Mexico City*
- Chinese Pole - March 2012 – Fête des Arts du Lycée Franco Mexicain. *Mexico City*
- Hand to hand – Oct 2011- Ozomatli Festival and Circus Convention (Villa Olímpica). *Mexico City*
- Hand to hand – March 2011- National University Circus Convention (UNAM). *Mexico City*
- Chinese pole - March 2011 – Fête des Arts du Lycée Franco Mexicain. *Mexico City*
- Chinese pole, Fitness – 2010 – Circódromo. *Buenos Aires, Argentina*





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